

Cable Management	Optional
Colour	<p>Frame: Gloss Metallic Silver Black Pearl</p> <p>Plastics: Dark Tungsten</p>
Transport Wheels	Yes
Reversible Deck	Yes
Auto-stop	Step sensor detection stops a moving running belt when there is no exerciser.
Motor	<p>Improved Integrated Foot Plant Technology Drive controller works with a 3 HP peak duty AC induction motor for a smooth, natural feel.</p> <p>3-phase, sensorless variable frequency drive technology for high reliability and accurate speed control.</p>
Emergency Stop	Safety clip and lanyard attached to the stop switch to immediately turn off power bringing the treadmill to a stop. The lanyard and safety clip can be conveniently attached to a thoughtful tab located underneath the front handrail.
Ground Effects® Impact Control System	New and improved progressive shock absorption system that absorbs high impact movements and supports a solid and controlled push off.
Deck and Belt	<p>Deck is a one-inch Slik-Dek bed with a thin layer of wax to assist in the break-in of the new belt / deck system. The deck is composed of 52 lb / 23.6 kg high-density fibreboard core with phenolic laminate bonded on both sides. Can be flipped to double life.</p> <p>Deck and belt require no external lubrication.</p> <p>Rear-deck hinges and front cushioning create a laterally stable platform, reducing shock to the user and providing firm push off.</p>

Elevation System	Elevation system generates up to 1000 lb / 453.6 kg of thrust and operated in compression for reliable operation.
Frame	New frame design results in an ultra-stable console, solid feel, and quiet operation.
Rollers	Steel tapered rollers keep the belt centred to reduce maintenance.
Water Bottle Holder	Dual holders cradle exercisers water bottle to keep it stable.

#### Console Features

Display Type	15 in / 38.1 cm LCD Capacitive Touchscreen
Numerical Keypad	Yes (in software)
Motion Controls	Yes
Tactile Dome Keys	Vol up/down, mute, Channel up/down, pause workout
QuickStart™	Yes
Console Language(s)	English, Chinese, Danish, Dutch, Finnish, French, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese (Iberian), Russian, Spanish, Swedish, Traditional Chinese, Turkish
Units Selection	Metric or US Standard
Maximum Pause Time (Pause)	120 seconds
Maximum Workout Time	120 minutes

Favorite Workouts	Yes
Preset Programmes	<p>Lose Weight</p> <p>4-3 Interval</p> <p>Aerobic</p> <p>Aerobic Plus</p> <p>Fat Burner</p> <p>Heart Rate Zone</p> <p>Be Fit</p> <p>Manual</p> <p>1:1 Interval</p> <p>2:1 Interval</p> <p>4:1 Interval</p> <p>Rolling Hills</p> <p>Mountain Peaks</p> <p>Heart Rate Zone</p> <p>Get Toned</p> <p>Glute Toner</p> <p>Glute Toner Plus</p> <p>Leg Sculpt</p> <p>Leg Sculpt Plus</p> <p>Push Performance</p> <p>1-4 Interval</p> <p>1-2 Interval</p> <p>5K</p> <p>Heart Rate Zone</p> <p>Test Your Fitness</p> <p>Gerkin Finesst Test (WFI Firefighter Test)</p> <p>Army Cardio PRT, Air Force Cardio PRT, Navy PRT, Navy PRT - high altitude, Mrine Cardio PRT, Law Enforcement PEB</p>
Electronic Readouts	<p>Speed</p> <p>Incline</p> <p>Total Distance, Distance Remaining</p> <p>Total Calories Burned, Calories/Min, Calories/Hr, Mets, Watts</p> <p>Time Elapsed, Time Remaining, Time in Zone, Segment Time</p> <p>Pace, Average Pace, Average Speed, Elevation Gain</p> <p>Heart Rate, Average Heart Rate, Max Heart Rate</p>

Heart rate monitoring

Touch	Touch heart rate sensors located on fixed handlebars for increased accuracy and ease-of-use by users of all sizes.
Telemetry	Equipped for heart rate telemetry reading using a chest strap.

#### Integrated Entertainment Options

Closed Captioning	Yes (CC1-4, Text 1-4)
Video decoding	MPEG-2, MPEG-4, H.264
Global TV Support	NTSC, ATSC, PAL, SECAM, DVB-T/T2/C
Mobile Device Charger	Yes
Reading Rack	Optional
Video inputs	RF, HDMI (optional)

#### Network Capabilities

RFID / NFC	13.56 MHz MIFARE
Ethernet	10/100 Mbps
Diagnostics	Ability to set club parameters, e.g. limit exercise time, set default language and pause time.
Wifi	802.11 a/b/g/n 2.4 GHz, 5.0 GHz Dual Antenna
Bluetooth	Bluetooth 4.0 (Bluetooth 2.0 plus BTLE)

#### Equipment Specifications

Power Cord Management	ICE 320-C19 inlet supporting Schuko and BSI plugs
Step-up Height	8.4 in / 21.3 cm
Handrail Length (cm/inches)	18 in / 46 cm
Maximum User Weight	350 lb / 159 kg
Speed Range	0.5 - 12 mph / 0.8-19.2 km/h
Rollers	2.5 in / 6.35 cm
Decline/Incline Range	0% to 15% incline in 0.5% increments
Running Surface (L X W)	60 X 22 in / 153 X 56 cm

#### Equipment Dimensions & Weight

Length	83 in / 211 cm
Width	35 in / 89 cm
Height	62 in / 157.5 cm
Equipment Weight	332 lb / 151 kg

#### Delivery Dimensions & Weight

Length	92 in / 234 cm
Width	39 in / 99 cm
Height	23.5 in / 60 cm

Delivery Weight	427 lb / 194 kg
Length 2	42 in / 107 cm
Width 2 (cm/inches)	39.5 in / 100 cm
Height 2 (cm/inches)	24 in / 61 cm

#### Power Requirements

Equipment	Powered
International 240 VAC	IEC 320-C19 inlet supporting applicable country-specific power cord
U.S. & Canada 240 VAC	Dedicated 220V- 240V/20A circuit with 6-20R NEMA receptacle
U.S. & Canada 120 VAC	Dedicated 120V/20A circuit with 5-20R NEMA receptacle
Personal Viewing Screen (PVS)	Powered
Cord Length (ft / meters)	12 feet / 3.7 meters

#### Regulatory

UL	UL 1647
FCC	FCC
ETL	ETL
CE	CE
EN957	EN957 / ASTM

